

Recap of June 2026 MCCOA Survey

Several commissioners have proposed alternating meeting months with relevant presentations in the community. NOTE: If no business is conducted during the presentations, the Brown Act would not apply.

1. Should the MCCOA have business meetings *every other month* and offer community outreach presentations on the alternate months?

YES / 7 NO / 3

2. Should the MCCOA have *Quarterly Business Meetings* and offer presentations in the community the other months?

NO / 6 YES / 4

3. Should the MCCOA continue to have *monthly business meetings* and offer presentations at the beginning of the meetings as has been the practice in years past?

NO / 8 Change the process / 1

4. Regardless of when meetings occur, would you like the topics to be focused on MCCOA's current priorities as determined by the retreat and/or the Steering Committees?

YES / 6 NO / 3 Abstain / 1

5. Would you rather have a broader range of presentation topics offered?

YES / 4 NO / 4 Abstain / 1

6. What community outreach presentations would YOU like to see offered, especially in consideration of the needs of your district or town?

- Housing, transportation, community services offered (educational offerings of the County)
- Due to the priority changes from federal and state level down, I really think we need to be able to be nimble and offer outreach presentations, if any, that are relevant to when the program might be.
- We should spend our valuable time discussing something useful that makes a difference in Marin and our own working relationships and why we don't experience more engagement from the public.

Recap of Survey (Continued)

- I would like to see MCCOA be the CONNECTOR of all things aging. After all, Mill Valley is not going to do it for Marin, neither is Novato. The very best way that we can ADD VALUE and make an impact is to be in our communities:
- Educate our constituency about the programs available out there
- Create opportunities for social interactions
- Advocate for our Seniors AFTER listening to their wants/needs
- Fall prevention. More on social isolation
- End of life planning (advanced directives, trusts, wills) , End of life options (hospice and CA End of Life Options Act), Needing care: Home care v types of facilities, Brain health (research findings - diet, exercise), Balance and fall prevention, Housing options as you age (leaving your home, home share, reverse mortgage), Scams - never enough about current scams,
- Ways to identify and connect with isolated older adults
- Process to determine common needs and how to address them
- Categorical presentation of services available to address those needs
- Quarterly community updates on progress of MCCOA advocacy and other projects
- Serve all elders in Marin. Not only those reached by outreach of AAA.
- Be more data driven.
- Be responsive to communities first... BOS less
- Get younger people involved and helping too
- Work more closely with ESCOM and other community groups so less duplication of services and more collaboration.
- Fall prevention, dementia, nutrition. Maybe some research from the Buck Center
- MCCOA and AAA to present
 - Introduction to existing Marin County resource offerings (perhaps a resource book session)
 - A session on one of our priorities along with possible resources to support.
- Sessions offered by others
 - Ombudsman presentation (services offered, how to think about long term care placement, FAQs, etc.)
 - End of life care planning
 - Age-friendly survey results summary (perhaps presented by Sara Robinson) and best practices among cities
 - Intergenerational programming and its benefits
 - Camille's Scam Jam
 - Workforce trends for older adult services (what are we seeing, what to look out for over the coming years, etc.)
 - Dementia deep dive (care, preventative exercises, etc.)
 - Emergency preparedness for older adults and perhaps NRG and an overview on how that is organized and if other causes like social isolation might be able to piggyback (this latter one on NRG might be better presented at H&N subcommittee mtg)