

## Annual Prior Authorization Report 2025

### SERVICES REQUIRING PRIOR AUTHORIZATION

#### **Adult System of Care:**

1. Electroconvulsive Therapy (ECT)
2. Esketamine
3. Eating Disorders Services
4. Substance Use Disorder Residential Care 3.1, 3.3, 3.5

#### **Children System of Care:**

1. Day Treatment Intensive
2. Intensive Home-Based Services (IHBS)
3. Eating disorders Services
4. Therapeutic Behavioral services (TBS)
5. SUD Residential

## Electroconvulsive Therapy (ECT)

Electroconvulsive Therapy (ECT) is a procedure, done under general anesthesia, in which small electric currents are passed through the brain, intentionally triggering a brief seizure. ECT seems to cause changes in brain chemistry that can quickly reverse symptoms of certain mental health conditions. ECT has been used for treatment resistant depression, severe depression, severe mania, catatonia and agitation and aggression in people with dementia.

Adult System of Care	CY 2025
<b>Electroconvulsive Therapy (ECT)</b>	
Total standard prior authorization requests received;	<11*
The percentage of standard prior authorization requests that were approved, aggregated for all items and services;	100.0%
The percentage of standard prior authorization requests that were denied, aggregated for all items and services;	0.0%
The percentage of standard prior authorization requests that were approved after appeal, aggregated for all items and services;	N/A
The percentage of prior authorization requests for which the timeframe for review was extended, and the request was approved, aggregated for all items and services;	N/A
Total expedited prior authorization requests received;	N/A
The percentage of expedited prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of expedited prior authorization requests that were denied, aggregated for all items and services;	N/A
Total standard and expedited prior authorization requests received;	<11*

\*Number redacted due to DHCS guidance of any count under 11. <https://www.dhcs.ca.gov/dataandstats/Documents/DDGuidelines.pdf>

The average and median time that elapsed between the submission of a request and a determination by the BHP for standard prior authorizations, aggregated for all items and services	1 days (ave) 1 days (median)
The average and median time that elapsed between the submission of a request and a decision by the BHP for expedited prior authorizations, aggregated for all items and services.	N/A

### Esketamine

<b>Adult System of Care</b>	<b>CY 2025</b>
<b>Esketamine Services</b>	
Total standard prior authorization requests received;	<11*
The percentage of standard prior authorization requests that were approved, aggregated for all items and services;	100.0%
The percentage of standard prior authorization requests that were denied, aggregated for all items and services;	0.0%
The percentage of standard prior authorization requests that were approved after appeal, aggregated for all items and services;	N/A - No Appeals
The percentage of prior authorization requests for which the timeframe for review was extended, and the request was approved, aggregated for all items and services;	N/A
Total expedited prior authorization requests received;	0
The percentage of expedited prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of expedited prior authorization requests that were denied, aggregated for all items and services;	N/A

\*Number redacted due to DHCS guidance of any count under 11. <https://www.dhcs.ca.gov/dataandstats/Documents/DDGuidelines.pdf>

Total standard and expedited prior authorization requests received;	<11*
The average and median time that elapsed between the submission of a request and a determination by the BHP for standard prior authorizations, aggregated for all items and services	1 day (ave) 1 day (median)
The average and median time that elapsed between the submission of a request and a decision by the BHP for expedited prior authorizations, aggregated for all items and services.	N/A

### Eating Disorders Services

Eating Disorder Treatment provides care to individuals struggling with eating disorders. Comprehensive treatment programs utilize a variety of therapeutic modalities including Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), mindfulness activities, and movement such as yoga and scenic walks, group and individual therapy sessions, nutrition education, and offers the therapeutic space to focus on recovery.

<b>Adult System of Care</b>	<b>CY 2025</b>
<b>Eating Disorder Services</b>	
Total standard prior authorization requests received;	<11*
The percentage of standard prior authorization requests that were approved, aggregated for all items and services;	100.0%
The percentage of standard prior authorization requests that were denied, aggregated for all items and services;	0.0%
The percentage of standard prior authorization requests that were approved after appeal, aggregated for all items and services;	N/A
The percentage of prior authorization requests for which the timeframe for review was extended, and the request was approved, aggregated for all items and services;	N/A

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Total expedited prior authorization requests received;	N/A
The percentage of expedited prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of expedited prior authorization requests that were denied, aggregated for all items and services;	N/A
Total standard and expedited prior authorization requests received;	<11*
The average and median time that elapsed between the submission of a request and a determination by the BHP for standard prior authorizations, aggregated for all items and services	0 days (ave) 0 days (median)
The average and median time that elapsed between the submission of a request and a decision by the BHP for expedited prior authorizations, aggregated for all items and services.	N/A

### Substance Use Disorder Residential Care 3.1, 3.3, 3.5

Substance Use residential treatment is a live-in program for individuals who need more intensive support to stop the daily use of alcohol or drugs. These structured programs are provided in licensed treatment facilities with separate settings for men, women, and women with children. The length of stay varies and is based on each individual's needs as determined during the assessment.

Reporting Categories	CY 2025
<b>Substance Use Services Adult Residential levels 3.1, 3.3, 3.5</b>	
Total standard prior authorization requests received;	399
The percentage of standard prior authorization requests that were approved, aggregated for all items and services;	99.0%

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The percentage of standard prior authorization requests that were denied, aggregated for all items and services;	1.0%
The percentage of standard prior authorization requests that were approved after appeal, aggregated for all items and services;	N/A - No Appeals
The percentage of prior authorization requests for which the timeframe for review was extended, and the request was approved, aggregated for all items and services;	100% (n=11/11)
Total expedited prior authorization requests received;	0
The percentage of expedited prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of expedited prior authorization requests that were denied, aggregated for all items and services;	N/A
Total standard and expedited prior authorization requests received;	399
The average and median time that elapsed between the submission of a request and a determination by the BHP for standard prior authorizations, aggregated for all items and services; and	6.5 hours (ave); 2.2 hours (median)
The average and median time that elapsed between the submission of a request and a decision by the BHP for expedited prior authorizations, aggregated for all items and services.	N/A

### Day Treatment Intensive

Day Treatment Intensive is intended to provide an alternative to hospitalization, avoid placement in a more restrictive setting, and/or assist the beneficiary in living within a community setting. Day treatment intensive full day is four hours or more per day, and half day is at least three hours per day, up to five days per week.

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<b>Children's System of Care</b>	<b>CY 2025</b>
<b>Day Treatment Intensive</b>	
Total standard prior authorization requests received;	0
The percentage of standard prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of standard prior authorization requests that were denied, aggregated for all items and services;	N/A
The percentage of standard prior authorization requests that were approved after appeal, aggregated for all items and services;	N/A
The percentage of prior authorization requests for which the timeframe for review was extended, and the request was approved, aggregated for all items and services;	N/A
Total expedited prior authorization requests received;	N/A
The percentage of expedited prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of expedited prior authorization requests that were denied, aggregated for all items and services;	N/A
Total standard and expedited prior authorization requests received;	0
The average and median time that elapsed between the submission of a request and a determination by the BHP for standard prior authorizations, aggregated for all items and services	N/A
The average and median time that elapsed between the submission of a request and a decision by the BHP for expedited prior authorizations, aggregated for all items and services.	N/A

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### Intensive Home-Based Services (IHBS)

A community based mental health rehabilitative and collateral service for individuals already receiving Intensive Care Coordination (ICC). IHBS are individualized, strength-based interventions designed to improve mental health conditions that interfere with a child, youth, or young adult’s functioning and are aimed at helping the members build skills necessary for successful functioning in the home and community.

Children's System of Care	CY 2025
<b>Intensive Home Based Services (IHBS)</b>	
Total standard prior authorization requests received;	<11*
The percentage of standard prior authorization requests that were approved, aggregated for all items and services;	100.0%
The percentage of standard prior authorization requests that were denied, aggregated for all items and services;	0.0%
The percentage of standard prior authorization requests that were approved after appeal, aggregated for all items and services;	N/A
The percentage of prior authorization requests for which the timeframe for review was extended, and the request was approved, aggregated for all items and services;	N/A
Total expedited prior authorization requests received;	N/A
The percentage of expedited prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of expedited prior authorization requests that were denied, aggregated for all items and services;	N/A
Total standard and expedited prior authorization requests received;	<11*

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The average and median time that elapsed between the submission of a request and a determination by the BHP for standard prior authorizations, aggregated for all items and services	2 days (ave) 1 days (median)
The average and median time that elapsed between the submission of a request and a decision by the BHP for expedited prior authorizations, aggregated for all items and services.	N/A

### Eating Disorders Services

Eating Disorder Treatment provides care to people struggling with eating disorders. Comprehensive treatment programs utilize a variety of therapeutic modalities including Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), mindfulness activities, and movement such as yoga and scenic walks, group and individual therapy sessions, nutrition education, and offers the therapeutic space to focus on recovery.

<b>Children's System of Care</b>	<b>CY 2025</b>
<b>Eating Disorder Services</b>	
Total standard prior authorization requests received;	<11*
The percentage of standard prior authorization requests that were approved, aggregated for all items and services;	100.0%
The percentage of standard prior authorization requests that were denied, aggregated for all items and services;	0.0%
The percentage of standard prior authorization requests that were approved after appeal, aggregated for all items and services;	N/A
The percentage of prior authorization requests for which the timeframe for review was extended, and the request was approved, aggregated for all items and services;	N/A
Total expedited prior authorization requests received;	N/A

\*Number redacted due to DHCS guidance of any count under 11. <https://www.dhcs.ca.gov/dataandstats/Documents/DDGuidelines.pdf>

The percentage of expedited prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of expedited prior authorization requests that were denied, aggregated for all items and services;	N/A
Total standard and expedited prior authorization requests received;	<11*
The average and median time that elapsed between the submission of a request and a determination by the BHP for standard prior authorizations, aggregated for all items and services	0 days (ave) 0 days (median)
The average and median time that elapsed between the submission of a request and a decision by the BHP for expedited prior authorizations, aggregated for all items and services.	N/A

### Therapeutic Behavioral Services (TBS)

TBS is an intensive, individualized, one-to-one behavioral mental health service available to children/youth with serious emotional challenges and their families, who are under 21 years old and have full-scope Medi-Cal.

Children's System of Care	CY 2025
<b>Therapeutic Behavioral Services (TBS)</b>	
Total standard prior authorization requests received;	15
The percentage of standard prior authorization requests that were approved, aggregated for all items and services;	100.0%
The percentage of standard prior authorization requests that were denied, aggregated for all items and services;	0.0%
The percentage of standard prior authorization requests that were approved after appeal, aggregated for all items and services;	N/A

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The percentage of prior authorization requests for which the timeframe for review was extended, and the request was approved, aggregated for all items and services;	N/A
Total expedited prior authorization requests received;	N/A
The percentage of expedited prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of expedited prior authorization requests that were denied, aggregated for all items and services;	N/A
Total standard and expedited prior authorization requests received;	15
The average and median time that elapsed between the submission of a request and a determination by the BHP for standard prior authorizations, aggregated for all items and services	1.33 days (ave) 1 days (median)
The average and median time that elapsed between the submission of a request and a decision by the BHP for expedited prior authorizations, aggregated for all items and services.	N/A

**Substance Use Disorder Residential Care 3.1, 3.3, 3.5**

Substance Use residential treatment is a live-in program for individuals who need more intensive support to stop the daily use of alcohol or drugs. These structured programs are provided in licensed treatment facilities. The length of stay varies and is based on each individual's needs as determined during the assessment. As Marin County contracts with non-Drug/Medi-Cal certified facilities for adolescent (under 18) residential treatment services, there is no prior authorization data to report.

<b>Children's System of Care</b>	<b>CY 2025</b>
<b>Substance Use Services Adult Residential Levels 3.1, 3.3, 3.5</b>	
Total standard prior authorization requests received;	0

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The percentage of standard prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of standard prior authorization requests that were denied, aggregated for all items and services;	N/A
The percentage of standard prior authorization requests that were approved after appeal, aggregated for all items and services;	N/A
The percentage of prior authorization requests for which the timeframe for review was extended, and the request was approved, aggregated for all items and services;	N/A
Total expedited prior authorization requests received;	N/A
The percentage of expedited prior authorization requests that were approved, aggregated for all items and services;	N/A
The percentage of expedited prior authorization requests that were denied, aggregated for all items and services;	N/A
Total standard and expedited prior authorization requests received;	0
The average and median time that elapsed between the submission of a request and a determination by the BHP for standard prior authorizations, aggregated for all items and services	N/A
The average and median time that elapsed between the submission of a request and a decision by the BHP for expedited prior authorizations, aggregated for all items and services.	N/A

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