



Commission on Aging General Meeting Minutes

**Monday, July 13, 2026 – 1:30 P.M. to 4:30 P.M.
Draft – For review at Sept. meeting**

Minutes Summary

RECORDER: Amy Dietz, Staff, Area Agency on Aging (AAA)

LOCATION: Marin Wildfire Prevention Authority - 1600 Los Gamos Rd., Ste. 335, San Rafael

Outside location(s): Divani Palace Acropolis – 19-25 Parthenonos Street, 11742, Athens, Greece

PRESENT: Alexovich, Barry, Binkley, Brown, Clemmons, Doodha, Elkin, Gould, Holtz, Notowich (Zoom), Phegan, Rubens, Sadowsky, Smith, Winer

EXCUSED: López **ABSENT:**

Call to Order and Roll Call:

Chair Elkin called the meeting to order at 1:35 p.m.

Approval of Agenda:

Motion/Seconded/Carried (M/S/C) – Rubens/Doodha/15-0

Approval of June 2026 Minutes

M/S/C – Doodha/ Brown/ 15-0

Open Time for Public Expression on Matters not on the Agenda

- Zaw Wei Htoo - The University of California Cooperative Extension works with the AAA, Food Policy Council, and other agencies to support the health and quality of life of older adults in Marin, especially those with chronic conditions, from the lens of Food is Medicine.
- Sybil Bouitlier – The City of Sausalito put out a RFP for 81 units of affordable housing, most of which will be allocated for seniors.
- Lou Hexter, Three Cheers Respite Program – Introduced Ariana Meyers, their new Executive Director.

Discussion/ Voting

- Fall Prevention and Collaboration:
 - Speakers: Amy Dietz (Senior Program Coordinator, AAA), Jason Hatfield (Chief, San Rafael Police Dept.), Michele Levine (Director, Healthy Living Programs, Vivalon)
 - There was discussion about creating a possible ad-hoc community to discuss further and create a targeted/ unified message about fall prevention.
 - Commissioner Notowich made a motion to create an ad hoc committee to focus on fall prevention and creating a targeted/ unified message.
 - Elkin added that fall prevention be made a priority item for the MCCOA.
 - Commissioner Phegan seconded.
 - Motion passed 15-0.
- Future of general meetings:
 - No meeting in Aug. or Dec.
 - Have a general business meeting once per quarter.
 - There will be further conversation at the Executive Committee as to whether Sept. will have a topic or will be strictly a business meeting.
 - Oct. will be the retreat and there will be no business meeting.
 - Nominating committee:
 - Commissioner Phegan and Clemmons agreed to be on the committee.
 - Alexovich made a motion to accept Phegan and Clemmons as members of the committee and defer appointment of the third person until Oct.
 - Motion passed with 14 yes votes; 1 no.

Committee/Reports & Chairs

Health/Nutrition: Commissioner Brown

- At June meeting, Kevin Wright from Marin Parks gave a presentation about an inclusive playground at McInnis Park.
- Meeting next Mon. from 12:30 – 2:30 pm with a presentation from Adult Protective Services and the 911 First Responder Program.

Housing and Transportation: Sylvia Barry and Tricia Smith

- Last meeting, there was a focus group.
- Meeting this Thurs. at 1:30 pm with presentation on housing and on transportation.

Planning, Legislation, and Communications (PLC): Commissioner Rubens

- The next meeting is this Wed. from 4-5:30 pm.

Chair and Officers' Reports

Chair – Lauren Elkin

- No report.

Vice Chair - Joan Clemmons.

- No report.

Secretary – Kay Winer

- No report.

Aging and Adult Services (AAS) Report and Announcements

Jenay Cottrell, Director

- US Aging Conference this weekend and next week. Jenay, Amy and Camille will be attending and conducting presentations.

- The Senior Fair will be in September.
- CDA /Budget Updates –Adult Protective Services (APS) will continue to be able to serve people 60+ and the In-Home Supportive Services (IHSS) emergency backup program will be retained. There will still be impacts to IHSS as people with unsatisfactory immigration status will not be able to get Medi-Cal and those on Medi-Cal will be required to complete a full redetermination every six months. If clients don't complete on time, they will lose their caregivers immediately. AAA budget remains the same with some cuts to nutrition and supportive services.
- Dan Steckline and Jenay Cottrell will be getting certified by the California Department of Social Services to become Functional Assessment Service Team Members. In an emergency, they will be deployed to shelters to assess clients, identifying disability and access or functional needs and determining whether those needs can be supported within the shelter.
- Provided an update to AAI/MPA process.

Camille Jolly, AAA Program Manager

- Provided an update to Community Resource Guide distribution.
- The new Brown Act updates are in effect. Commissioners were asked to review them in a previous email.
- AAA staff are doing contract renewals for all contracts.
- Cat Woods -Williams (I&A Supervisor) will be doing another volunteer recruitment for home-delivered meal intakes and assessments. This is ongoing need. If you know anyone who would be interested, please reach out to Cat.

Commissioner Reports (Commissioners appointed by District)

- Commissioner Phegan distributed a questionnaire re: retreat topics.

New Business Items for the Next Agenda:

- None

Adjournment: 4:25 p.m.

M/S/C – Smith/Phegan15-0

Next meeting date: Monday, September 14, 2026