Potential Recommendations

Expand the caregiver workforce

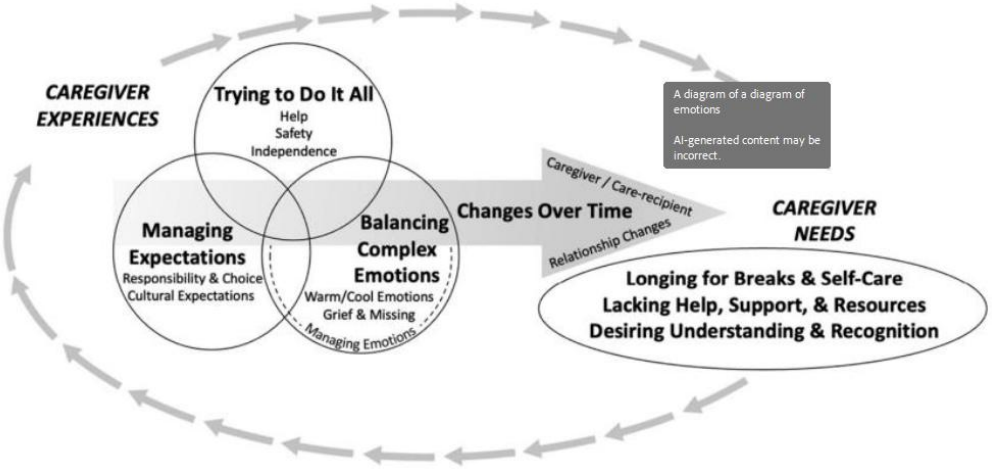
- We need more caregivers. IHSS can take a long time and folks ma not have friends or family to support them. Geography is a challenge, pay is load, and the end result may lead to patients not being able to go home.
- Develop program and career pathways and offering financial incentives or stipends.

Expand support for family caregivers

- Advocate for and develop programs that provide financial support to those that choose to leave the workforce to be a caregiver for family or a friend.

Expand caregiver & day care programs

- Expand caregiver respite programs and transportation access to the program
- Expand adult day care programs and transportation access to the program



Incorporate into county emergency preparedness guide

- Caregiver emergency planning checklist
- Guide for older adults & caregivers

Incorporate Older Adults Into Community Engagement Strategy

- Identify key difference in communication, capabilities, and limitation within each older adult segment
- Develop a plan to reach each of those older adult segments and effectively engage in communicating with them as well as seeking information when conducting assessments or surveys.

Establish Collaborative Fall Prevention Initiative

- Falls are a serious problem in older adults. Recurrent falls lead to a rise in morbidity and mortality in this population, as well as premature nursing home admission, and reduced functionality. Given the mental, emotional, and physical toll caused by falls and the cost of services required to support a fall request, early fall prevention intervention as a strategic priority is recommended to prevent them.
- Using a team-based approach where multiple professionals such as emergency service providers, emergency care providers, behavioral health specialists and social workers, and organizations providing fall prevention programs together to manage a patient's total physical and mental health needs to mitigate fall prevention.
- Early interventions cut down on risk of serious injuries, lowering the fear of falling, costly 911 fall assistance requests, emergency room visits, multiple fall incidents, decreased healthcare and emergency services costs, and greater quality of life for older adults.
- Home modification plans (nightlights, guard rails, handrails, etc.) and fall prevention programs (strength building, follow up home assist and counseling visits, should be part of the strategic plan.

Incorporate Sacramento Homelessness Collaborative Initiative:

- Understanding system needs and assets for older adults experiencing homelessness is challenging but partners in Sacramento have recently come together to build and maintain partnerships to improve how communities care for older adults. What they have done is to develop a toolkit that documents the process that could be used in our community to create stronger connections to services and resources to meet older adult needs.
- Enhancing care for older adults requires tailored, local approaches. A toolkit developed in Sacramento improved collaboration and data sharing that significantly improved older adults' health and wellness that could be applied in Marin County as well.

Incorporate student-led interprofessional caregiver program (Respite centers)

- Using the University of Central Arkansas guide and toolkit, implement a student led interprofessional program for caregiver and people living with dementia emphasizing wellness education, physical activity, cognitive engagement, risk assessment, and improved quality of life.
- Program enables access to best practice, faculty expertise and oversite, intergeneration interaction, interprofessional collaboration, accommodation of large groups, large number of students allows 1:1 care, student training and regulatory are already obtained as normal curricular clinical expectations, attendance is meaningful as participants are helping students. Would require support from Dominican College of Nursing and College of Marin Department of Nursing.

Establish & Maintain A System of Care Asset Map into the Strategic Plan

- Develop and maintain an asset map listing services (non-profit and agencies) for a organizations that provide care, support or services for older adults.
- By working together to map assets, you are laying the groundwork for stronger partnerships, smarter solutions, and a more connected path to well—being for all, can better evaluate the system as a whole, including parts that may be well-developed or under-developed, and focus on building missing services identify next action steps, an ensure the County resource guide has the latest information.