

**MARIN COUNTY COMMISSION ON AGING**  
**Committee Meeting Minutes**

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| <b>COMMITTEE:</b> HEALTH & NUTRITION  | <b>DATE:</b> SEPTEMBER 16, 2024 | <b>LOCATION:</b> 10 N. SAN PEDRO RD. ROOM 1018 |
| <b>PRESENT:</b> Rhea Brown, Pranav Bhanushali, Joan Clemmons, Ed Schultz, Kay Winer, <i>Alexandra Morehouse, Jenna Ray, Gene Ng, Zaw Wai Htoo</i> |                                 |  |
| <b>EXCUSED:</b> <b>ABSENT:</b> None   |                                 |  |
| <b>STAFF/RECORDER:</b> Amy Dietz (Sr. Program Coordinator, Area Agency on Aging)  |                                 |  |
| <b>Next Meeting:</b> Monday, Sept. 16, 4 – 5:30 p.m., 10 North San Pedro Rd., Room 1018   |                                 |  |
| <b>MINUTES SUMMARY</b>  |                                 | <b>ACTION TAKEN/<br/>RESPONSIBLE<br/>PARTY</b> |

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| <p><b>Call to Order:</b><br/>The meeting was called to order at 4:06 p.m. by Chair Brown</p> <p><b>Approval of the Agenda:</b></p> <ul style="list-style-type: none"> <li>• Commissioner Shultz made a motion to approve the agenda.</li> <li>• The motion was seconded by Commissioner Brown.</li> <li>• Motion carried 3-0.</li> </ul> <p>Approval of the Minutes:</p> <ul style="list-style-type: none"> <li>• Commissioner Winer made a motion to approve the minutes.</li> <li>• Commissioner Shultz seconded.</li> <li>• Commissioner Brown made a motion to amend the minutes to reflect that Joan Clemmons passed around the Senior Fair sign-up sheet.</li> <li>• Commissioner Shultz made a motion to add that the committee had requested an Ombudsman 101.</li> <li>• Motion to approve amended minutes carried 3-0.</li> </ul> <p><b>Open Time for Public Expression:</b></p> |  |
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- Gene Ng, Chair of the Equity and Inclusion Committee, stated that the Equity and Inclusion Committee was attending other committees to assist, if requested, in equity related subjects.
- Staff member Dietz described the RFP process for home-delivered meal and congregate meal production.
- Alexandra Morehouse announced that Vivalon was having its Open House this Sun.

**Chair's Report:**

- Clarified participation in Mental Health Services Advisory Committee. Next meeting is this Wed. Ed Shultz will be the commission representative.
- Was on the RFP panel for meal delivery.
- Met with Supervisor Rodoni to discuss MCCOA focus.

**Vice Chair's Report:**

- Met with District 5 Supervisor Eric Lucan.

**Jenna Ray, AAA RD, gave a presentation about her role and AAA nutrition programs.**

**Marin Food Policy Council:**

- Chair Brown described the council.
- At last meeting, Food Agriculture Resilient Ecosystems (FARE) grantees, funded by Measure A sales tax dollars, gave a presentation.

**Legislative Update**

- Commissioner Winer discussed the Legislative Platform and areas appropriate for commission and committees to comment on. Will bring to next meeting for discussion.

**Objective Review and Next Steps:**

- Will ensure that each commissioner attends a congregate meal with an appointing body.
- Will work to educate community on nutrition services.
- Remove fall prevention objective.

**New Business and Announcements:**

Commissioner Clemmons reminded people to dress as a hippy during the senior fair.

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**The meeting adjourned at 5:30 p.m.**

**Next meeting: Oct. 21, 4 - 5:30 p.m.**

DRAFT