

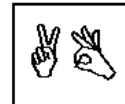
Marin Women's Commission — Special Meeting Minutes

Saturday, November 16, 2024 – 9:00am to 2:00pm

Marin Women's Commission Planning Retreat
Dominican University, Creekside Room, San Rafael CA

- I. Call to Order/Establish Quorum 9:03 a.m.
Present: Leslie Belingheri (LB), Carol Simon Mills (CSM), Maureen Broderick (MB), Elizabeth Max – arrived 9:08am (EM), Erika Rosales-Shelfo – departed 1:20pm (ER), Katie Koyfman (KK), Caroline Vance Bruister (CVB), Susannah Mrazek – arrived 9:45am, departed 1:15pm (SM).
Members of the Public: Sonia Saltzman, Crystal Martinez, Dana Pepp
- II. Welcome and Introductions
LB: Thanked everyone for coming out on a Saturday for the retreat. Introduced Dana Pepp and thanked her for her continuity and partnership with the MWC. The Ambassadors will be arriving at 1pm. The Commission meeting with the Ambassadors will be about working together and creating camaraderie.
- III. Open Time for Members of the Public to Speak on Items not on the Agenda
No comments from the members of the public.
- IV. Approval of Minutes for Sept 24, 2024 CSM/MB/p
- V. Approval of Minutes for Oct 22, 2024 CSM/MB/p
- VI. Approval of Agenda for Nov 16, 2024 KK/CVB/p
- VII. Welcome and Connection – Dana Pepp, DPP Consulting
Dana Pepp introduced herself and had the Commissioners introduce themselves. Commented that the retreat should be an open, safe environment. Group agreements from past retreats were reviewed with commissioners' reminders including: 1. The wisdom is in the room.; 2. Take space, create space (leave room for everyone to speak).; 3. Active listening – Be present.; 4. No cross conversations.; 5. The more ideas the better.; 6. There is multi-generational knowledge in the room, especially when the Ambassadors arrive.; 7. Feedback is a gift. Give positive, constructive feedback.
Dana provided the Commissioners with a connectivity activity to get to know each other better. Commissioners shared goals.
- VIII. MTGC Roles & Responsibilities, Timeline, Programming
Dana Pepp led a discussion on connecting with each other while preparing for the MTGC.
LB: The Commission is a very busy, diverse group. Leslie asked the commissioners to engage in some way when they receive an email. Being responsive in any way is helpful.
EM: Suggests that expectations for response time to emails should be in the email.
LB: Leslie asked the Commissioners to come to the meetings prepared by reading the handouts. Group texts between a majority of the Commissioners is a violation of the Brown Act. Send emails to Alisa and she will forward to the Commission.

Dana Pepp asked for updates and challenges with MTGC 2025.
SS: Sonia asked for help with outreach.



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There are 22 Ambassadors. They have had 2 meetings, and the 3rd meeting is scheduled for November 17. The first 2 meeting focused on Team bonding.

The MTGC theme this year fs Spread Your Wings.

Sonia shared a list of the Ambassador meeting dates with the Commissioners and asked that they each sign up for a date to attend a meeting, and please bring snacks and drinks. The Ambassadors meet every other Sunday from 4pm to 6pm at Blue Path Health/Find Your Way in Larkspur.

LB: Commissioners can get reimbursed for providing snack and drinks. Sonia has been so helpful in meetings asking the girls for their input.

SS: All high schools are represented with an Ambassador except for Tomales.

LB: We will be printing t-shirts early for the Ambassadors to wear to school.

EM: Family advocates can pass information to get girls from West Marin involved.

KK: Expressed gratitude to Sonia for being here and asked if there is an agenda for the Ambassador meetings.

SS: The meetings are built around who can attend. The meetings so far have been about capacity building. We do follow a general flow beginning with updates. The next meeting will include a speaker At the December 1 meeting, Liz and Leslie will be there to discuss programming.

We are building a sense of community and leadership skills. The girls are very dedicated.

CM: It's possible we can get a certificate for the girls from Senator McGuire.

SM: Asked if an ambassador would like to come to the Women's Commission meeting.

SS: The lead Ambassador can come to the meeting.

IX. Break

Motion to break for 5 minutes. 10:20am

KK/ER/p

X. Recap 10:26am

Dana Pepp: Review of Roles and Responsibilities document shared with Commissioners.

LB: The document clarifies where we need help. Everyone's name should appear somewhere. Identify specific tasks and your interests.

EM: Liz sent callout to content providers for the MTGC and is getting responses. On January 1, Liz will have an internal assistant who will help with West Marin. Tomales High School is not geographically limited. There are kids from Richmond, San Jose and other cities.

LB: There are funds in the budget for transportation and translators.

Dana Pepp asked Liz Max what else is needed.

EM: Send contact information for any backup speakers, panelists, exhibitors, and volunteers.

SM: Anchor Method does body positivity workouts

CSM: Jennifer Seibel has a media awareness documentary, Misrepresentation. Carole suggested a screening or possible fundraiser.

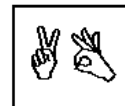
CVB: Caroline has contact information to ask for a sponsorship and/or how to get the screening.

LB: Caroline to follow up..

LB: Tara Caprice, owner of Love2Dance in Novato was a Warrior cheerleader and travels all over California and interstate for competitions. She could be a possible keynote speaker and could include dance at the end to get the girls up and moving. Tara is a woman entrepreneur and very inspirational.

EM: Please supply the name, email and what the person does for any contacts. We would like the workshops to be interactive.

Crystal Matinez: Crystal likes the idea of a local speaker. Another option could be Christy Smith from the Emerge program. Christy is knowledgeable about what future generations of girls can do.



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SM: Emerge might be good for the career panel.

Crystal Martinez: Christy travels quite a bit and would have to come from Southern California. It's possible she may be in the area when the conference takes place. It might be possible to have Victoria Fleming, a local official, on the career panel.

LB: Leslie will reach out to Tara.

SM: For the career panel, Shay Franco-Clausen would be a possibility. Shay is the political director for Equality California. Susannah will contact Shay.

LB: For the career panel, we need a Moderator, panel, and one of the Ambassadors.

Sonia Saltzman: Sonia will have the girls brainstorm at tomorrow's meeting.

LB: We are looking for women in STEM, Law and Politics, Finance, Real Estate, Medicine, Art, Entrepreneurship.

EM: It was tough to engage the girls last year.

Sonia Saltzman: In the past, the Ambassadors had dinner with the keynote speaker before the conference. It would be helpful to the dinner so that the girls can connect. There can also be social media introducing the panel.

Dana Pepp asked Maureen for an update on fundraising.

MB: Shelley has Covid, so we are waiting to update the website with fundraising information. Maureen has a letter prepared. There will be a t-shirt for all donors of \$1000 or more.

LB: Leslie has contacted Marin Community Foundation. We need contacts for the Chambers of Commerce.

CSM: Carole will get contact information.

MB: Maureen has a letter that links to the website. The package is on the website.

Discussion regarding putting everything on one link.

Dana Pepp: States that it's easier for you and the reader to have one link.

CVB: Carole and Erika volunteered to help Maureen.

Crystal Martinez: We have video and photos that we can share as part of the link.

LB: Reviewed handouts of t-shirts for Changemakers and Ambassadors.

MB: Donations must be made by January 15 to be included on the t-shirt.

LB: Discussion regarding needing a list of contacts with donors separate.

Discussion regarding compiling a list of organizations to contact.

Crystal Martinez: The letters need to go out now with a January 15 deadline.

MB: Asks commissioners to let her know if they have sent out the letter. There will be a spreadsheet of who has been contacted.

KK: Katie will send a sample signature with social media to Alisa to send out to Commissioners.

SM: Communications – Everything is being handled but anyone can help.

SM: We need a calendar for social media. Asked that Ambassadors take that on. We have to get legitimized to run ads and need to find out how to do this.

Sonia Saltzman: The Ambassadors can take on social media. Girls made a TikTok account. The girls can help with legitimizing.

Crystal Martinez volunteered to help with writing.

KK: Katie will walk Crystal through the process for Facebook.

SM: Susannah will connect with Sonia regarding school contacts. Sonia will do outreach at Marin Catholic.

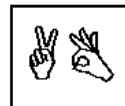
Discussion regarding updating the conference signup form to one form to avoid 2-step forms.

SM: Invite Susannah to Programming meetings and anything that Communications need to know.

EM: Liz will send contact info for West Marin media.

LB: Shelley will have graphics soon.

Dana Pepp reminded commissioners that recognition is important.



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Motion to break for lunch 12:05 p.m.

EM/KK/p

Resumed 12:35 p.m.

Dana Pepp led recap discussion regarding MTGC. Start early. Dana asked Commissioners to share ideas on how to engage with/does and don'ts for interaction with teen girls. Responses included: use authentic talk; have curiosity and humility and can learn many things from them; ask, don't demand, i.e. Can you help me with...? Do not say do or don't do this.; ask for their opinion and tell them you value their opinion; do not judge; sometimes they don't want to talk. Create an activity.; build bridges, don't divide. Find common ground; Be specific. Do not say, "What do you do for fun?" Say, "What are you doing tomorrow?"

Discussion regarding what the girls would like to know about the Commission.

Sonia Saltzman: This is their third meeting. They are still getting to know each other.

XI. Dana Pepp leads activity for MTGC Ambassadors and MWC

Everyone introduced themselves.

Dana Pepp reviewed the meeting agreements. (See VII. Welcome and Connection above.)

Dana Pepp facilitated an "get to know each other activity" with the teens.

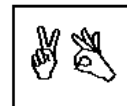
Discussion regarding the activity. Teens comments included: great and special to hear the Commissioners' career paths and hobbies; interesting to hear what people do for traditions; felt very welcoming. Commissioners' comments included: Ambassadors are Ambassadors are bright and thoughtful. It was wonderful to hear about their passions. It was interesting to compare Commissioners' experiences v. the Ambassadors' experiences at the same age. It's a gift to have this time together. This Ambassador job is a big, important job – you will give as much as you learn.

XII. Closing and Takeaways

LB: Leslie thanked everyone and reminded Commissioners that the next meeting will be on December 17, the third Tuesday of the month.

XIII. Adjournment Motion to adjourn.

KK/CSM/p



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